

Tips On Setting Up The Only Stand For The First Time

1. Hold the folded stand in front of you so that the rubber cushions are at the top, the short carry strap is on the right, the shoulder strap is on the left, and a turn knob is facing you.
2. Unsnap the two wrap straps, and open up the stand by pushing the two inner, front legs to your right to form an "X". You can then open the stand so it will stand on its own.
3. The best and most stable position is for the stand to be fully open so that the tops of the two sides form a 90-degree angle (see photo below). This gives you a safe and stable platform for your dulcimer.



4. Place your dulcimer on the stand and observe the playing angle and playing height so you can determine what you want to change.

To adjust the playing height, change the lengths of the adjustable straps – shortening the straps will raise the stand, lengthening them will lower it.

To adjust the playing angle, the bolt and knob holding the inner and outer legs together will need to be placed in a different position.

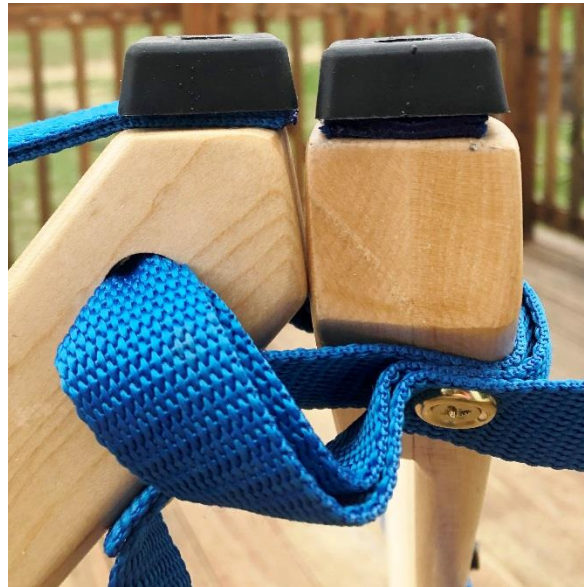
1. Loosen the adjustable straps so they are extended to their full length.
2. Lay stand on the floor and remove the knobs and bolts.
3. Adjust legs so the playing angle is closest to what you want.
4. Replace the knobs, set the stand up and tighten the straps for your desired playing height.

The Only Stand is designed to be used for both sitting and standing, and each position may require different leg hole combinations. It is helpful to mark the positions you try with painters tape or write down hole numbers so you can keep track. We ship the stands with the bolt and knob in the following holes:

- Outer leg – 2nd hole from bottom
- Inner leg – 5th hole from bottom

Additional points to be aware of:

1. The strap hinge at the top of the stand appears to be slightly loose – it's designed this way intentionally so the stand can fold and does not affect the sturdiness of the stand. The adjustable straps are what actually holds the stand up and supports your dulcimer.
2. Adjusted properly, the tops of the two sides of the stand should be even with one another (see photo below). If one top is higher than the other, adjust one of the straps in small increments until they are even – shortening a strap will raise a side, lengthening a strap will lower it.



3. Depending on the front-rail-to-back-rail length of your dulcimer and the height you have the stand adjusted at, your dulcimer will either rest completely on the adjustable straps alone, the rubber cushions, or a combination of the front rubber cushions and straps – all are fine.
4. Please note – if you have a very large, extended range dulcimer and the stand is adjusted for a very tall person, be careful that the dulcimer does not extend too far past the top rubber cushions so that it is unstable.
5. The Only Stand is adjustable to almost any playing angle and wide range of heights. There are almost 100 different positions you can adjust this stand to, so play with it, adjust the straps, adjust the angle – it may take you a bit of time to get it just right, but it will work.

A video on setting up The Only Stand can be found on our website www.wolfhillwoodworking.com – click on the MEDIA tab.

If you have any questions or need additional help, please contact us at bobbedardhammers@gmail.com.